

## This Month in History

from the Vienna Newsletter archives

JANUARY 1992 – In keeping with its 1992 theme of “Herbs in Thyme,” the Five Hills Garden Club will host a demonstration of the use of culinary herbs presented by a Cordon Bleu chef on January 21 at Vienna Presbyterian Church. The public is invited to attend and join Five Hills in its beautification projects for the new year.

JANUARY 1982 – All Northern Virginia residents can now summon emergency assistance by dialing 911. Town of Vienna residents should dial 911 for emergency fire and rescue services only. 911 may be used for police emergencies; however, for more efficient handling of calls and faster response, town residents are encouraged to continue to call the Vienna Police direct at 938-4900.

JANUARY 1972 – Mayor Joe Spriggs wrote, “Perhaps the most significant advance during the past year has been the opening of Follin Lane into the Industrial Park and the completion of their buildings by Page Communications and Vega.” A stop light will soon be erected at the Follin Lane/Maple Avenue intersection to take care of additional traffic into the Park.

JANUARY 1962 – An exhaustive test of the Southside Sewage Treatment Plant to establish its actual capacity is being conducted by the Virginia State Water Control Board and the State Board of Health to set standards for all plants of this type. It was selected as a pilot model since it is the largest of the type in the state.

CALL THESE NUMBERS 24 HOURS A DAY:

VIENNA NEWSLINE – 703-255-6333

POLICE INFO LINE – 703-255-6363

TO ORDER A SPECIAL PICKUP – 703-255-5727

Visit the Town's web site at [www.ci.vienna.va.us](http://www.ci.vienna.va.us)

### **FIRE & RESCUE** **911**

(Voice & TDD)

### **VIENNA POLICE** **EMERGENCY**

703-938-4900 (Voice)

703-255-5730 (TDD)

NON-EMERGENCY

703-255-6366 (Voice)

703-255-5730 (TDD)

VIENNA TOWN HALL

703-255-6300 (Voice)

703-255-5735 (TDD)

COMMUNITY CENTER

703-255-6360 (Voice)

703-255-5739 (TDD)

Vienna Town Hall  
127 Center Street, South  
Vienna, Virginia 22180-5799  
Business Hours Monday – Friday,  
8 a.m. – 4:30 p.m.

PRSRST STD  
U.S. POSTAGE  
PAID  
Vienna, Va.  
Permit No. 36

**The Town of Vienna does not discriminate on the basis of disability in the admission or access to, or treatment or employment in, its programs or activities. The Capital Projects Engineer has been designated to coordinate compliance with the non-discrimination requirements.**

**This document will be made available in large print or on audio cassette upon request. Call 703-255-6330, TDD 703-255-5735.**

## Use Quadrants In All Addresses

When Vienna became a town in 1890, it was laid out in the shape of a perfect square, divided into quadrants by Maple Avenue and Center Street.

Although the town has lost its square shape with the addition of land over the years, the quadrant designation is still a very important part of your Vienna address. Not only does it show that you live within the town's corporate limits, it prevents mistaking an address in one part of town for the same address in another. Residents of Glyndon Street, John Marshall Drive, Tapawingo Road, and other streets that extend into two different quadrants can testify to the hassle of lost deliveries and other problems caused by lack of the quadrant designation. It's also helpful to use your ZIP+4 code to indicate your address even more specifically.

In addition, your house number should be displayed so it is visible and distinguishable from the street. Both the size and location of the number are important. It should be large enough and placed so that it can be read from the center of the street going in both directions on the darkest night, in the worst of weather, and not obscured by shadows or hidden by foliage.

TOWN  
OF  
VIENNA

### Holiday Schedule

Town Hall will be closed on Tuesday, January 1, for New Year's Day and Monday, January 21, for Martin Luther King Day. **NO TRASH PICKUP NEW YEAR'S DAY.** For residents on the Tuesday/Friday collection route, both trash and recyclables will be picked up on Friday, January 4. Trash will be collected as usual on January 21.

### Talk with Your State Legislators

Virginia State Senator Janet Howell and Delegate Jeannemarie Devolites will host a town meeting on Saturday, January 19, from noon until 2 p.m. in the Council Chamber at Town Hall. They will give an overview of the issues to be considered in the 2002 session of the General Assembly in Richmond, solicit citizen input, and answer questions.

### Christmas Tree Pickup

The Public Works Department will collect Christmas trees during the month of January. Place trees at the curbside on the second collection day of the week to be picked up along with recyclables. Trees should be unadorned (no tinsel).

### Dining Directory Inside

See pages 5 and 6 of this newsletter for a listing of Vienna eateries to tear out and keep as a handy reference.

# NEWSLETTER

January 2002

## Home Guide to Emergency Preparedness Available

The new “Northern Virginia Home Guide to Emergency Preparedness” is a comprehensive booklet offering detailed information on preparing for emergencies. Created through the cooperation of 15 local Northern Virginia governments working together with the Northern Virginia Regional Commission, the guide was distributed last month to *Washington Post* subscribers as an insert in the December 16 issue and mailed to non-subscribers. Children in public schools also received a copy to share with their families. For residents who have not received a copy or wish to have additional copies, the guide is available at all Fairfax County Board of Supervisors offices and at all public libraries.

This publication can be viewed on the Fairfax County government web site, [www.fairfaxcounty.gov](http://www.fairfaxcounty.gov). It can also be made available in alternative formats for persons with special needs or in a language other than English by calling 703-324-3187 (TTY 703-324-2935).

Emergency events can occur quickly and without warning. It is important that each household have an emergency plan in order to be prepared. The Home Guide to Emergency Preparedness offers information and resources to help people plan for most emergency situations. It includes tips on creating an emergency supplies kit, making financial arrangements, preparing for an extended loss of electric power, and much more.

The local governments who worked together on the guide include Fairfax, Arlington, Loudoun and Prince William Counties; the cities of Alexandria, Fairfax, Falls Church, Manassas and Manassas Park; and the towns of Dumfries, Herndon, Leesburg, Purcellville and Vienna. Additional funding was provided by Dominion Virginia Power, Washington Gas and the Fairfax County Water Authority.

## Church St. Building Wins Award

The Town of Vienna, and builders Stephen Bukont and Douglas D'Alexander of Wedderburn Homes, have been selected to receive a 2001 Community Appearance Award from the Community Appearance Alliance of Northern Virginia for the building recently completed at 144 Church St., N.W. The building is the first development in the Town's new Pedestrian Commercial Zone.

The Community Appearance Alliance of Northern Virginia sponsors its annual awards program to recognize worthy design and construction projects, collaborative efforts and community association initiatives that enhance the aesthetic environment of the region.

Alliance President Sally B. Ormsby called the Church Street building “an excellent example of architecture reminiscent of the small town American streetscape of the late 19th century. We commend the Town and the builders for a job very well done.”



## HAPPENINGS AROUND OUR TOWN

**Bland Memorial Music Scholarship Contest** for students through grade 12 will be held at 2 p.m. Saturday, February 23, at the Vienna Assembly of God Church, 100 Ayr Hill Ave., N.E. The contest is sponsored by the Vienna (Host) Lions Club, and the entry deadline is February 16. For application forms, call Al Naurock at 703-938-3334.

**American Legion Dyer-Gunnell Post 180** has awarded six cash scholarships totaling \$3,500 to the following winners selected at random from among the applicants: Amanda Bannigen, Montgomery Junior College; Natalie Gessert, Roanoke College; Andrew Reish, Duke University; Amanda Woodward, Averett University; Todd S. Alex, Rensselaer Polytechnic; and Arturo Alford, Penn State University.

**Vienna Chapter 1116, National Association of Retired Federal Employees (NARFE)**, will meet at 1:30 p.m. Tuesday, January 8, at the Vienna Community Center. Visitors are welcome and refreshments will be served. For more information, call 703-938-8180.

**Vienna Little League (VLL)** registration will be held at the Vienna Community Center on the following dates: January 12 from 9 a.m. to 3 p.m.; January 19 from 10 a.m. to 2 p.m., and January 16, 23 and 30 from 7 to 9 p.m. Everyone must complete a registration form on-line at

[www.myteamregistration.com/reg/viennall](http://www.myteamregistration.com/reg/viennall) and bring it to the Community Center. Children registering for the first time must show a birth certificate, passport or military ID and proof of residency. The fee is \$75 for T-ball, \$85 for Rookie, and \$95 for all others.

**Welcome Club of Northern Virginia** invites new residents to its luncheon meeting at 11 a.m. Thursday, January 3, at Marco Polo Restaurant. Guest speaker will be Ingrid Parkhurst, The Women's Center Community Liaison. For reservations and more information, call Sue, 703-281-9729, or Shelley, 703-476-8895

**"Through My Eyes,"** featuring the work of Susanne Binnie, opens January 15 at the Vienna Arts Society gallery in the Village Green Shopping Center. The gallery is open from 10 a.m. to 4 p.m. Tuesday-Friday and 10 a.m. to 3 p.m. Saturday. For more information, call 703-319-3971 or visit [www.viennaartsociety.org](http://www.viennaartsociety.org).

**Free, confidential tax help** for middle to low income taxpayers regardless of age will be available on Wednesdays, February 13-April 10, from 9 a.m. to 2 p.m. and on Saturdays, February 16-April 13, from 9 to 11 a.m. at Sun Trust Bank, 515 Maple Ave., E. Bring copies of your 2000 federal and Virginia returns; federal and Virginia tax forms and booklets for 2001; documents showing 2001 income; Social

Security number for all dependents; and receipts or canceled checks if itemizing deductions. This program is sponsored by AARP and the IRS.

**Vienna Jaycees** will co-host the regional Jaycees party on January 11. Individuals ages 21-39 are invited to join this national organization, which provides opportunities for community service, social activities and personal development. For more information, e-mail [Vienna\\_Jaycees-owner@yahoo.com](mailto:Vienna_Jaycees-owner@yahoo.com) or call Karen at 703-281-1255.

**Daughters of the American Revolution**, Fairfax County Chapter, will meet at a member's home on Friday, January 4, at 10 a.m. For location and more information, call Mary Ann Shoemaker at 703-352-0857.

**Vienna Chapter of AARP** will meet at 12:30 p.m. Monday, January 21, at the Vienna Community Center. The program will feature entertainment by the Smart Alex Barbershop Quartet.

**The MOMS Club**, a non-profit, international support group for full and part-time at-home mothers, will meet at 10 a.m. Wednesday, January 30, at Patrick Henry Library. Children are welcome. The group's activities include monthly meetings with speakers, playgroups, babysitting co-op's, a monthly MOMS Night Out, and service projects benefiting needy children. For more information, call Jenn Elmas at 703-255-0388.

**"Achieving Financial Success,"** sponsored by the Vienna Jaycees and geared toward 25-40 year olds, will be held at 7:30 p.m. Thursday, January 31, at the Vienna Community Center. The cost is \$3 per individual or \$5 per couple. For more information, e-mail [Vienna\\_Jaycees-owner@yahoo.com](mailto:Vienna_Jaycees-owner@yahoo.com) or call Karen at 703-281-1255.

**American Legion Auxiliary of Vienna** will meet at noon Wednesday, January 9, at Post 180, 330 Center St., N. Bring used greeting cards. For more information, call Emilie Larson at 703-938-1379.

## Special Pickups Resume Jan. 2

The Town's Special Pickup program will resume on Wednesday, January 2. To dispose of unwanted furniture, appliances, building materials, brush and other debris not included in the regular trash collection, residents can order a Special Pickup. Place discards at the curbside, then call the Special Pickup recording *promptly* at 703-255-5727 and be prepared to leave the following information: your name, address, daytime phone number, amount of debris, and type of debris.

Residents are reminded to call the Special Pickup number as soon as debris is placed at the curbside. Piles of trash that go uncollected for weeks on end because of residents' failure to call for a Special Pickup are an eyesore and a potential health and safety hazard.

Each residence is entitled to receive two free Special Pickups per year, with a limit of one dump truck load per pickup (about the size of a Volkswagon "beetle"). Additional pickups cost \$75 per load for all items except brush. The fee for additional loads of brush is \$25 each.

## Before Calling for Your Special Pickup, Please Review These Guidelines:

- Building materials — wood, broken concrete, building brick and block, fences, drywall and paneling — will be picked up. Masonry items such as concrete, brick, block, stone, rock, etc. are limited to 300 pounds per pickup (about two wheelbarrow loads). Building materials generated by contractors and/or persons employed by homeowners to renovate, repair and/or perform maintenance on their homes will not be picked up.
- Sod, small stumps, brush, trees and limbs of a diameter greater than 1½" and less than 6" and no more than 8' in length will be picked up. The Special Pickup crews do not collect any tree parts over 6" in diameter. Most logs are greater than 6" and, therefore, they are not acceptable. The reason for this regulation is that the tub grinder used by the Public Works Department to make wood mulch cannot handle tree parts over this size. Logs, stumps and other large tree parts can be disposed of at the Fairfax County Transfer Station on West Ox Road or at the County Landfill in Lorton. Leaves are not picked up by Special Pickup crews.
- Discarded furniture, swing sets and playground equipment will be picked up.
- Up to 300 pounds of scrap metal and small automobile parts such as engine blocks, transmissions and tires will be picked up. Tires must be removed from the rim. Whole automobile bodies will not be picked up.
- Two major appliances per residence will be picked up. These include stoves, refrigerators, dishwashers, washers, dryers, hot water heaters, air conditioners and furnaces.
- Old heating oil tanks, gas tanks, and pressurized tanks such as propane, air or freon will not be picked up. Fuel tanks, paint cans, insecticides, fluorescent light tubes, and other hazardous wastes, and bio-hazardous waste including needles and syringes, will not be picked up. For information about hazardous waste disposal, call 703-324-5068.
- Please separate brush, appliances, building materials, etc. from each other. This makes it easier for pickup crews to salvage recyclable items, reducing the amount of debris taken to the landfill.
- For the safety of Special Pickup crews, please separate large pieces of glass from other discards.
- Residents of corner lots are requested to place discards in front of the property, not on the side.
- Please keep Special Pickup items away from regular trash and recyclables, fire hydrants, water meters, gas valves, fences, utility poles, trees and shrubs, vehicles, etc. Place discards in an open area accessible to a crane truck.

## Call for Free Mulch Delivery

The Public Works Department will deliver ground leaf mulch and ground wood mulch to town residents free of charge beginning in mid-January. Orders will be taken through February 28. To place your order, call the "Mulch Line" recording, 703-255-6388, and leave your name, address, daytime phone number, type of mulch desired (wood or leaf), and the number of loads to be delivered. One load is estimated to be about the size of a VW Beetle, or 2-2.5 cubic yards. Half loads are available on request.

Please note the following important conditions:

- Mulch deliveries will be placed only in the driveway at the end closest to the house.

- Once mulch is delivered, it becomes the property of the homeowner and the Town will not remove any excess mulch ordered.

Residents may pick up mulch themselves in any amount. The mulch is stored on Town-owned property off Beulah Road near Glyndon Park. Look for the sign, "Free Leaf Mulch & Wood Mulch."

By grinding leaves and brush into recyclable mulch, the Town saves thousands of dollars in landfill fees each year while providing residents with tons of free leaf and wood mulch. Using one to two inches of mulch to cover bare spots in the garden and around trees, shrubs, and landscaped areas will conserve moisture, improve soil fertility, and reduce weed growth.

## Vienna Officer Places In Fitness Challenge

Town of Vienna Master Police Officer Erik Hall has placed 2nd in his age group, and 5th overall in the state, in the Virginia Department of Criminal Justice Services 2001 Top Cop Fitness Challenge.

The purpose of the program is to promote fitness among Virginia's criminal justice officers and recognize those who excel in this area. The competition includes running, weight lifting, sit-ups, pull-ups, and other fitness measures.

## Welcome New Businesses

The following businesses licenses were issued in November:

Phoenix Acupuncture  
acupuncture  
521 Maple Ave., W.  
2nd Floor  
703-319-3200

Auspex Technologies  
computer consultant  
900 Shady Dr., S.E.  
703-255-6537

Data  
computer consultant  
501 Church St., N.E. #305  
703-242-9002

Nail Experts  
nail care  
301 Maple Ave., W. #B  
703-319-1296

Advance Back Center  
physical therapy  
415 Church St., N.E.  
703-242-7220

Truly III. Records  
vinyl LP sales  
523 Lincoln St., N.W.  
703-255-5962

Unicon Services  
wholesale heating, AC  
234 Dominion Rd., N.E.  
703-255-1259

*Convenient Location & Friendly Service  
SHOP IN VIENNA  
Support Our Hometown Merchants*

Congratulations to the following businesses (both commercial and home occupations) celebrating milestone anniversaries this month: *40 years* – Westwood Country Club; *30 years* – Bill Buhl Electric, Dominion Urological Consultants, Joann Reisler, Long & Foster; *20 years* – Bonaroti Restaurant, Trans Systems, Tri-City Too, Westwood Golf Shop.

## Business License Deadline March 1

March 1 is the deadline for payment of the annual business, professional, and occupational license (BPOL) tax. All businesses in the Town of Vienna, including home occupations, must renew their business licenses by March 1.

The amount of the tax is based on gross receipts, and the rate varies according to the type of business. The gross receipts threshold is \$50,000, below which the tax does not apply. Those businesses with total annual gross receipts of \$50,000 or less pay only the minimum license fee of \$30 per year.

License tax forms will be mailed out this month, and forms are also available in the Finance Department at Town Hall and online at [www.ci.vienna.va.us](http://www.ci.vienna.va.us). For more information or assistance in figuring license taxes, call 703-255-6321.

## Protect Yourself Against Carbon Monoxide

Your Fairfax County Fire and Rescue Department recommends installing at least one carbon monoxide detector per household, near the sleeping area. In addition, consumers should regularly inspect and service potential problem sources of carbon monoxide, including gas or oil furnaces, clothes dryers, water heaters, fireplaces, gas ranges, wood-burning stoves, and space heaters. Fumes from motor vehicles also contain carbon monoxide and can enter a home through walls or doorways if a vehicle is left running in an attached garage.

At low levels, carbon monoxide poisoning causes symptoms similar to the flu, such as headaches, fatigue, nausea, dizzy spells, confusion, and irritability. As levels of carbon monoxide increase, vomiting, loss of consciousness, and eventually brain damage or death can result.

## Citizen Comment More Thoughts On Cats at Large

*A Counsellor Drive resident writes:*  
“One of the problems that I’ve experienced with free-roaming cats is that cats love to jump up on the hood of your warm car, leaving footprints and scratches.

“But the biggest problem I find is that roaming cats upset all the dogs. Unfortunately, when it comes to dogs barking, a dog can remain in his own yard and disturb neighbors doors away.

“And then there is the fact that dogs and cats have such keen senses of smell. Even if the dog owner picks up the waste of his dog, the smell remains so it attracts other dogs, cats and other animals to the yard. The key is not to have your cat or dog using your neighbor’s property to relieve itself in the first place.

“All pet owners (dogs and cats) need to realize that their lifestyle choice of having their pets should not be an imposition on someone else’s lifestyle choice. If you want a pet, take total responsibility for every aspect of its well-being.”

*A Pekat Street resident agrees:* “Let’s not lose sight of the fact that as pet owners, whether we own a cat, dog, or any other animal, we are responsible for everything in connection with our pets, including keeping them from becoming a nuisance to our neighbors. The only way to accomplish this is to maintain control over them at all times.

“Cats are the only domesticated animal allowed to roam freely, without restriction. If leash laws are enacted for cats, then when people choose to obtain a cat, they also choose to abide by the laws. Cats should not be allowed to dig up other people’s yards, excrete anywhere they wish, and sun themselves on neighbors’ porches, decks, and driveways. The time for a universal leash law is now.”

*Due to space limitations, not all comments received could be published in this month’s newsletter. Look for more comments on cats in the February issue. When submitting comments, please include your name, address and daytime phone number. (This information will not be published.)*

available at the front desk at the Community Center. The job bank also matches workers with residents who have jobs to offer such as raking leaves and other yard work, clerical work, baby sitting, house sitting, and dog walking.

**S.P.A.R.C. (Student Program of Arts and Recreation Combined)**, designed with the 6th grader in mind, will be held on Friday, January 11, from 6 to 8 p.m. S.P.A.R.C. combines recreational activities, arts, and athletics as a way to build friendships, learn about teamwork, have fun, and engage students in positive supervised activities. Participants take an active role in determining and selecting program ideas. Free of charge; advance registration required.

**High school students** can enjoy concerts by live bands January 5 and 12 from 7 to 11:30 p.m. Admission \$5.

**Card trick contest** for middle school students will be held at 4 p.m. Friday, January 4. Free of charge.

**Coalition Kids**, a monthly after school drop-in program for 5th and 6th graders, will meet on Monday, January 28, from 2 to 3:30 p.m. The group focuses on making new friends, learning team building, performing community service, and being involved with anti-drug and violence prevention programs. Registration required.

### SENIOR CITIZENS

**Free blood pressure check** for senior citizens Wednesday, January 9, from 10 to 11 a.m. by members of The Medical Team. Advance registration requested.

**Personal History Class**, for people interested in documenting their life stories for themselves and future generations to enjoy, will be held on Thursdays, January 3-March 21, from 10:30 a.m. to 12:30 p.m. No previous writing experience required! Memory stimulators and other activities will help you be creative. Participants write about a different topic each week and share their stories with classmates. Free of charge; a one-time donation of \$2 will be used to purchase snacks, coffee, tea, sugar and cream to be served at each class.

## Vienna Theatre Company Presents “The Lion in Winter”



Vienna Theatre Company cast members Harriet Pilger as Eleanor of Aquitaine and David Sher as Richard the Lionhearted rehearse a scene from “The Lion in Winter,” which will be presented at the Community Center January 18, 19, 25 & 26, and February 1 and 2 at 8 p.m., and January 20 at 2 p.m. (signed performance). Tickets are \$8 general admission and \$7 for students and senior citizens age 65 and older.

Check out these ongoing free activities for seniors:

**Pickleball** Mondays, Wednesdays and Fridays from 11 a.m. to 12:30 p.m. Pickleball, a cross between tennis and badminton, is easy to learn and can be played by anyone regardless of athletic ability.

**Fitness class** Tuesdays and Thursdays from 11 a.m. to noon. Exercises are designed to help build physical endurance, and the program is paced according to the participant’s age and physical condition.

**Table tennis** Tuesdays and Thursdays from 12:15 to 1:15 p.m. Players of all ability levels are welcome.

**Mah-jongg** each Thursday from 1 to 4 p.m. The first Thursday of the month is for beginners.

**Canasta** each Tuesday from 1 to 3 p.m. “Canasta Packet” available for those new to the game or for players needing a review of the rules.

### POTPOURRI

**Personal Safety for Women** will be held in four parts – January 28 and 30, and February 4 and 6 – from 7 to 10 p.m. Your instructor will be Officer Virginia Palmore of the Vienna Police Department. The

class includes basic education in crime prevention and risk reduction measures plus practice in physical self-defense techniques. Participants should wear comfortable clothing and exercise shoes. \$5 for town residents plus a \$15 materials fee. Advance registration required.

**Monthly Tea Dance**, a collaboration between the Reston Community Center and the Vienna Community Center, 2:30-4:30 p.m. Sunday, January 13, in Reston. Dancers of all skill levels are welcome to foxtrot, swing, cha-cha, and waltz to the music of DJ Dale Ernest. Partners are not required. The fee of \$3 person includes door prizes and light refreshments. Register by calling the Reston Community Center directly at 703-476-4500.

**The Book Club** is a collaboration between the Patrick Henry Library and the Vienna Community Center. The day group will meet at 1 p.m. January 31 to discuss *How the Garcia Girls Lost Their Accent* by Julia Alvarez. The evening group will meet at 7:30 p.m. January 14 to discuss *Adventures of Huckleberry Finn* by Mark Twain. Books are provided with advance reservations through the Patrick Henry Library. For more information, call Karen O’Meara at 703-938-0405.

# NEWS FROM VIENNA PARKS & REC

For more information about any of the activities listed below, call the Vienna Parks and Recreation Department at 703-255-6360. All activities are held at the Vienna Community Center unless stated otherwise.

## SPECIAL EVENTS

### **Quarterly coin and stamp show**

January 26 and 27. Hours are 10 a.m. to 6 p.m. Saturday and 10 a.m. to 5 p.m. Sunday. Free admission. About 15 stamp dealers and 45 coin dealers will participate. Sponsored by the Northern Virginia Coin Club.

### **Roller skating for children ages 3-12**

will be held on Mondays from 3 to 4 p.m. beginning January 28 through March 18. Admission is 50¢ per child. Participants must furnish their own skates and safety equipment. Parents are required to stay with their children and are welcome to participate.

## BUS TRIPS

### **Student ski trip to White Tail on**

Tuesday, January 29. A charter bus will leave the Community Center at 7 a.m. and return by 7 p.m. Children age 12 and under must be accompanied by an adult. Call for price information on the various packages available. Reservation deadline January 23.

### **Registration is underway for an**

overnight trip to the casinos in Atlantic City on March 14 and 15. A charter bus will leave the Community Center at 10 a.m. Thursday and return about 7:30 p.m. Friday. The cost of \$145 per person single occupancy, \$115 double occupancy, and \$105 triple occupancy includes transportation, casino package, dinner and breakfast buffets, overnight accommodations at the Holiday Inn on the boardwalk, baggage handling, and saltwater taffy. Registration deadline February 14.

## SPORTS & HEALTH

### **Adult Co-ed Softball League**

begins its spring season on April 21. All games will be played on Sundays at Southside Park. The registration fee of \$400 per team includes 14 regular season double-header

games, umpire fees, softballs, awards, and a post-season tournament. Registrations will be accepted on a first-come, first-served basis with a limit of 16 teams.

**Adult drop-in** basketball is offered each Monday and Wednesday, and volleyball on Tuesday and Thursday from 8:30 to 10:30 p.m. Admission is \$3 for out-of-town players and free of charge for Vienna residents. A valid photo ID with proof of residency must be presented at the door. Drop-in table tennis is held on Tuesday and Thursday from 8:45 to 10:30 p.m. No charge for table tennis, but call ahead to check on room availability.

**Youth open gym hours** for ages 10-12 are scheduled on Mondays from 1 to 3 p.m., and Wednesdays and Fridays from 3:30 to 4:30 p.m. The gym is open for ages 13-17 on Mondays from 4 to 5:30 p.m., and on Wednesdays and Fridays from 4:30 to 5:30 p.m.

**Introduction to Dynamic Walking** Friday, January 25, from 1 to 2:30 p.m. This indoor overview session will demonstrate the importance of integrating walking with stretching and breathing exercises to increase vitality, improve circulation, and relieve pain. The cost is \$6 per person, and advance registration is required.

**New Year-New You: Daily Fitness Routines That Could Change Your Life.** Try any or all of the programs listed below. With each class you will receive take-home instructions, so that you can practice what you have learned. Classes are held on Tuesdays from 9:30 to 11 a.m. The fee is \$8 for each class.

- January 8 – Tai Chi Chaun: Enhance Balance and Concentration
- January 15 – Pilates Routine: Strengthen Abdominals and Ease Lower Back Pain
- January 22 – Ten Habits of Naturally Slim People and How to Make Them a Part of Your Life
- January 29 – Yoga Routine: Stretch for Health

**You Are What You Eat**, co-sponsored by Fresh Fields Whole Foods Market, will be held each Tuesday, January 22-February 12, from 9:45 to 10:45 a.m. This nutrition and creative cooking program will include cooking demonstrations and tastings plus tips on shopping and outfitting your kitchen. The cost for the four-part series is \$15 per person; advance registration required.

**Caring for Your Newborn**, Tuesday, January 8, from 6 to 8 p.m., is for expectant parents. Dr. Brenda Murphy of Advanced Pediatrics will discuss choosing a pediatrician, preparing the nursery, what to expect the first few days, nutrition, bonding with your infant, changing and clothing, carrying, bathing, umbilical cord care, car seat use, and when to call your doctor. Free of charge.

## MANAGING YOUR MONEY & YOUR ESTATE

**Introduction to Estate Planning** will be presented on Monday, January 14, from 10 to 11:30 a.m. Attorney David Hoffman will discuss the many forms of wills and trusts, gift giving, federal and state tax considerations, and making peace with probate. This program is free of charge, but advance registration is requested.

**Managing Your Retirement Income** Monday, January 7, from 10 to 11:30 a.m. Investment advisor Sean P. Sinclair will discuss asset allocation, increasing current and future income, taxation of retirement income, and cash flow management. This program is free of charge, but advance registration is requested.

## AT THE TEEN CENTER

**Winter's here!** Time to sign up with Vienna Parks and Recreation's "Snow Bank," a data base of workers for hire this winter by town residents who need help shoveling snow. Job application forms are

Rainbow Gourmet Cafe  
262 Cedar Ln., S.E. #H  
703-698-9848

Safeway  
225 Maple Ave., E.  
703-319-0194

Skorpis Charcoal Grill  
421 Maple Ave., E.  
703-938-7777

Starbuck's Coffee  
107 Maple Ave., W.  
703-242-0890

Subway  
222 Maple Ave., W.  
703-281-7810

Taco Bell  
362 Maple Ave., E.  
703-938-5884

Tara Thai Restaurant  
226 Maple Ave., W.  
703-255-2467

Tequila Grande  
444 Maple Ave., W.  
703-255-5933

That's Amore  
150 Branch Rd., S.E.  
703-281-7777

Vie de France  
229 Maple Ave., E.  
703-242-2257

Vienna Drug Center  
150 Maple Ave., W.  
703-938-7111

Vienna Inn  
120 Maple Ave., E.  
703-938-9548

Vienna Tandoor  
146 Maple Ave., W.  
703-255-5350

Vienna Texaco Food Mart  
252 Maple Ave., W.  
703-255-5045

Virginian Restaurant  
169 Glyndon St., S.E.  
703-938-9461

Wendy's Old Fashioned Hamburgers  
411 Maple Ave., E.  
703-242-7332

Wolftrap Delicatessen & Restaurant  
442 Maple Ave., E.  
703-281-0182

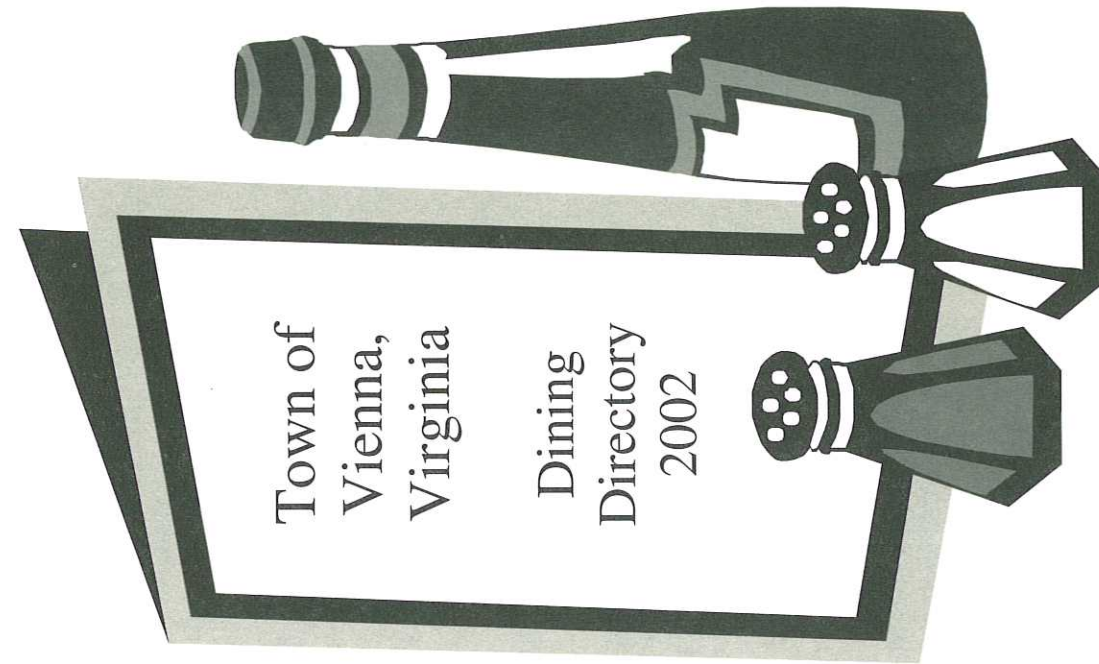
Wu's Garden  
418 Maple Ave., E.  
703-281-4410

Yama Japanese Restaurant  
328 Maple Ave., W.  
703-242-7703

7-Eleven  
421 Maple Ave., E.  
703-281-6451

7-Eleven  
214 Maple Ave., W.  
703-938-9596

7-Eleven  
537 Maple Ave., W.  
703-273-8041



Whether You're Hungry  
for a Snack or a Banquet,  
Vienna's Many Fine  
Eateries Can Satisfy  
Any Appetite!

# Community Volunteers to Be Honored

MAYOR JANE SEEMAN INVITES YOU TO NOMINATE AN OUTSTANDING VOLUNTEER IN RECOGNITION OF HIS/HER SERVICE TO THE COMMUNITY. MAYOR SEEMAN PLANS TO HONOR THESE VOLUNTEERS AT THE MAYOR'S ADVISORY COMMITTEE MEETING ON TUESDAY, APRIL 9. PLEASE FILL OUT AND RETURN THIS FORM TO MAYOR SEEMAN AT THE ADDRESS SHOWN BELOW. NOMINATIONS MUST BE SUBMITTED BEFORE MARCH 1.

## NOMINATION FORM FOR OUTSTANDING VOLUNTEERS

NAME OF NOMINEE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

TELEPHONE NUMBER: \_\_\_\_\_

PLEASE DESCRIBE THE NATURE OF THE VOLUNTEER WORK PERFORMED BY THE NOMINEE AND WHY YOU FEEL HE/SHE DESERVES SPECIAL RECOGNITION:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

NAME OF NOMINATING PERSON OR ORGANIZATION: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

TELEPHONE NUMBER: \_\_\_\_\_

PLEASE RETURN THIS FORM BEFORE MARCH 1, 2002, TO:  
**MAYOR JANE SEEMAN**  
**VIENNA TOWN HALL**  
**127 CENTER STREET, SOUTH**  
**VIENNA, VIRGINIA 22180**

Arathi Indian Cuisine  
409 Maple Ave., E.  
703-938-0108

Cenan's Bakery  
122 Branch Rd., S.E.  
703-242-0070

Jammie's Java  
231 Maple Ave., E.  
703-255-1566

McDonald's Restaurant  
282 Cedar Ln., S.E.  
703-876-9239

Amma Vegetarian Kitchen  
344 Maple Ave., E. #A  
703-938-5328

Daawat Indian Restaurant  
146 Maple Ave., E.  
703-242-0500

Jerry's Subs & Pizza  
235 Maple Ave., E.  
703-938-0890

Neighbor's Restaurant & Sports Pub  
262 Cedar Ln., S.E. #D  
703-698-8010

Amphora Restaurant  
377 Maple Ave., W.  
703-938-3800

Dairy Queen  
304 Maple Ave., E.  
703-242-3820

Joe's Place Pizza & Pasta  
435 Maple Ave., W.  
703-281-1111

New China King  
330 Maple Ave., W.  
703-938-3888

Anita's Mexican Food  
521 Maple Ave., E.  
703-255-1001

Dominio's Pizza  
396 Maple Ave., E.  
703-684-5000

Johnny's Pizza Restaurant  
141 Park St., S.E.  
703-281-0485

Nizami's Restaurant  
523 Maple Ave., W.  
703-938-8948

Anita's Mexican Food  
147 Maple Ave., W.  
703-938-0888

Dunkin Donuts  
314 Maple Ave., W.  
703-242-1877

KFC  
332 Maple Ave., E.  
703-938-9337

Outback Steakhouse  
315 Maple Ave., E.  
703-242-0460

Asian Flavor  
128 Maple Ave., W.  
703-938-9800

Fresh Fields Whole Foods Market  
143 Maple Ave., E.  
703-319-2000

Knossos Restaurant  
401 Maple Ave., W.  
703-938-3800

Panjshir II Restaurant  
224 Maple Ave., W.  
703-281-4183

Baskin-Robbins Ice Cream  
120 Branch Rd., S.E. #A  
703-281-0031

Giant Food  
359 Maple Ave., E.  
703-281-9257

La Provence  
144 Maple Ave., W.  
703-242-3777

Papa John's Pizza  
112 Lawyers Rd., N.W.  
703-281-7272

BBQ Country  
118 Branch Rd., S.E.  
703-319-8746

The Greek Grill  
312 Maple Ave., W.  
703-938-8206

Le Canard  
130-132 Branch Rd., S.E.  
703-281-0070

Peking Express of Vienna  
103 Center St., N.  
703-281-2445

Bistro 123  
246 Maple Ave., E. 1st Floor  
703-938-4379

Hats Sub Shop  
120 Branch Rd., S.E. #B  
703-938-3100

Manhattan Bagel  
310 Maple Ave., W.  
703-938-8100

Pie Gourmet  
507 Maple Ave., W.  
703-281-7437

Bonaroti Restaurant  
428 Maple Ave., E.  
703-281-7550

House of Mandarin  
165 Glyndon St., S.E.  
703-281-7208

Manila Grille  
153 Glyndon St., S.E.  
703-941-1090

Pizza Bolis  
262 Cedar Ln., S.E. #A1  
703-573-3200

Bread & Kabob  
126 Maple Ave., W.  
703-255-9696

Hunan Delight Restaurant  
276 Cedar Ln., S.E.  
703-698-8155

Marco Polo Restaurant  
245 Maple Ave., W.  
703-281-3922

Pizza Hut  
541 Maple Ave., W.  
703-255-1181

Cafe Renaissance  
163 Glyndon St., S.E.  
703-938-3311

The Italian Gourmet  
505 Maple Ave., W.  
703-938-4141

McDonald's Restaurant  
544 Maple Ave., W.  
703-938-0739

Popeye's  
325 Maple Ave., E.  
703-319-0700