

**POLICE  
FIRE & RESCUE  
EMERGENCY  
911**  
(Voice & TDD)

**VIENNA POLICE  
DIRECT**  
703-938-4900 (Voice)  
703-255-5730 (TDD)  
NON-EMERGENCY  
703-255-6366 (Voice)  
703-255-5730 (TDD)

**COMMUNITY CENTER**  
703-255-6360 (Voice)  
703-255-5739 (TDD)  
120 Cherry St., S.E.  
Vienna, Virginia 22180

**VIENNA TOWN HALL**  
703-255-6300 (Voice)  
703-255-5735 (TDD)  
127 Center Street, South  
Vienna, Virginia 22180-5799  
Business Hours  
Monday – Friday, 8 a.m. – 4:30 p.m.

PRSR STD  
U.S. POSTAGE  
PAID  
Vienna, VA  
Permit No. 36

FEBRUARY 2009



The Town of Vienna does not discriminate on the basis of disability in the admission or access to, or treatment or employment in, its programs or activities. The Director of Public Works has been designated to coordinate compliance with the non-discrimination requirements.

This document will be made available in large print or on audio cassette upon request. Call 703-255-6330, TDD 703-255-5735.



## This Month in History

*from the Vienna Newsletter archives*

FEBRUARY 1999 – This year much attention will be focused on preparations to become “Y2K compliant.” Businesses and government agencies, including the Town of Vienna, are working very hard to make sure computer systems continue to operate properly when the year 2000 arrives. At this point, no one knows exactly what problems may occur or how widespread they may be, or how long they will last. Many companies will activate contingency plans while they are working on permanent solutions to the “millennium bug.”

FEBRUARY 1989 – Clear your records and your conscience during the Fairfax County Public Library’s “1939 Fine Week” February 1-7. All fines on materials returned during the week will be reduced to 5¢ an item, no matter how many weeks, months or years have elapsed since it was borrowed. 1939 Fine Week is the library’s gift to patrons on the occasion of its 50th birthday. In the early days, the library charged a nickel fine for every two weeks a book was overdue.

FEBRUARY 1979 – The old fir tree that stood in the small triangle of land at the intersection of Church and Mill Streets, N.E., has been cut down and will soon be replaced, probably with a Norway spruce. The old tree was dying and posed a hazard to motorists and pedestrians. The replacement tree will be as large as the small plot can accommodate.

**INFORMATION 24 HOURS A DAY**  
**Vienna Newline — 703-255-6333**  
**[www.viennava.gov](http://www.viennava.gov)**

## Sewer Backups Are Expensive! Backup Insurance Is Not!

The Town of Vienna makes every attempt to prevent sewer backups from occurring. Sewer lines are specially designed to reduce accumulation and stoppages. In addition, a maintenance crew is devoted to inspecting and cleaning sewer lines throughout the Town on a regular basis. Degreasing chemicals are also injected into lines in areas that are prone to stoppages, such as those near restaurants and apartments. Even with this rigorous maintenance schedule, however, backups can still occur.

All insurance companies writing homeowner policies in Virginia offer special coverage for damage resulting from backups of drains and sewers, and this additional protection is available at very reasonable rates. For information on obtaining sewer backup coverage, contact your insurance company. The Town’s insurance carrier rarely approves claims resulting from sewer backups unless negligence in maintaining the system can be shown. Therefore, residents are encouraged to protect their property by obtaining sewer backup insurance.

## Holiday Schedule

Town Hall will be closed on Monday, February 16, in observance of Washington’s Birthday. Trash will be picked up as usual that day for residents on the Monday collection route.

## Vienna Volunteers to Be Honored

Nominations for outstanding community volunteers for 2009 must be submitted to the Mayor’s office before March 1. Use the nomination form on page 5.

## Special Election for Board Chairman

Former Fairfax County Board of Supervisors Chairman Gerald E. Connolly has assumed his duties as Virginia’s new 11th District Congressman, and a special election will be held on Tuesday, February 3, to choose his successor. All qualified voters in Fairfax County are eligible to vote in this election. Polls will be open from 6 a.m. to 7 p.m. For more information, call the County Office of Elections at 703-222-0776 or visit [www.fairfaxcounty.gov/eb](http://www.fairfaxcounty.gov/eb).

*NEW IN TOWN? There’s a welcome packet especially for new residents. Stop by Town Hall and pick one up, or call 703-255-6330 to have one mailed to you.*

## Business License Deadline

Business, professional and occupational license (BPOL) tax forms were mailed out at the end of January. Forms are also available in the Finance Department at Town Hall and online at [www.viennava.gov](http://www.viennava.gov). All businesses in the Town of Vienna, including home occupations, must renew their business licenses by March 1 each year.

The amount of the tax is based on gross receipts, and the rate varies according to the type of business. The gross receipts threshold is \$50,000, below which the tax does not apply. Those businesses with total annual gross receipts of \$50,000 or less pay only the minimum license fee of \$30 per year.

For more information or assistance in figuring license taxes, call 703-255-6321.

## Special Pickups Resume in February

Vienna’s Special Pickup program resumes this month. To dispose of furniture, building materials, brush, and other debris not included in the regular trash collection, residents can order a Special Pickup. Place discards at the curbside, then call the Special Pickup recording at 703-255-5727 and be prepared to leave the following information: your name, address, daytime phone number, amount of debris, and type of debris. Special Pickups can also be arranged online; go to [www.viennava.gov/Town\\_Services/trash.htm#pickups](http://www.viennava.gov/Town_Services/trash.htm#pickups).

**See Page 3 for Special Pickup Guidelines**

Please call the Special Pickup number as soon as debris is placed at the curbside. Piles of trash that go uncollected for weeks on end because of residents’ failure to call for a Special Pickup are an eyesore and a potential health and safety hazard. It is illegal to place debris in the public right-of-way without arranging for a Special Pickup. When an illegal pile of trash is spotted by or reported to Town personnel, the resident will receive a notice to call for a Special Pickup within 48 hours. If no action is taken by the resident after the notice is issued, the Town will seek legal remedy to gain compliance.

Each residence is allowed two free Special Pickup loads each year. Additional pickups may be arranged at a charge of \$75 per load for all items except brush; additional loads of brush will be charged at \$25 each. Each Special Pickup is limited to one single-axle dump truck load (about the size of a Volkswagen “beetle”).

If you employ contractors for home renovations or other services, they must take any waste away with them. The Town’s Special Pickup program is meant to aid residents in disposing of bulky materials after performing the work themselves. Contractor-generated waste material will not be picked up.

# Town Council Action

All votes are unanimous unless noted otherwise.

## DECEMBER 1, 2008

- Approved a site plan modification from the maximum lot coverage requirement for the installation of two additional temporary classroom trailers at Cunningham Park Elementary School. The approval will expire in August 2010 and is contingent on the trailers meeting Fairfax County air quality standards. (*Approved 4-3, Cole, Dellinger and Polychrones voting nay.*)

- Approved the purchase of consulting services from Fields Consulting Group at a cost not to exceed \$15,000 to design and administer an assessment center to establish an eligibility list for the rank of Police Sergeant. (*Approved 6-1, Lovelace voting nay.*)

- Awarded a "no bid" for an HVAC system for the Police Department and disallowed all bids received due to incorrect specifications.

- Conducted a closed session to discuss pending litigation.

## DECEMBER 15, 2008

- Conducted a public hearing on proposed amendments to the zoning code regulating portable storage containers.

- Approved the site plan, building elevations, master sign plan, and site plan modifications for redevelopment of the property at 137 Church St., N.W.

- Reduced the public improvements bond for the Blair Road Subdivision, 407 and 409 Blair Rd., N.W., to 10% of the original amount, which will be retained for two years, during which the developer is responsible for maintenance and repair of the public improvements due to defective workmanship or materials.

- Awarded a four-year capital lease contract to BB&T in the amount of \$600,000 to finance the Town's vehicle and equipment replacement program.

Town Council Minutes & Agendas  
Are Available at [www.viennava.gov](http://www.viennava.gov).

## TOWN OF VIENNA NEWSLETTER

Vol. CXIX, No. 2      Vienna, Virginia      February 2009

### VIENNA TOWN COUNCIL

M. Jane Seeman, Mayor

Laurie Genevro Cole  
Daniel M. Dellinger  
Edythe Frankel Kelleher

George E. Lovelace  
Michael J. Polychrones  
Maud F. Robinson

### TOWN STAFF

Town Attorney	Steven D. Briglia	703-255-6305
Town Clerk	Carol A. Orndorff	703-255-6304
Town Manager	John H. Schoeberlein	703-255-6371
Director of Finance	Philip R. Grant	703-255-6320
Director of Parks & Recreation	Catherine L. Salgado	703-255-6356
Director of Planning & Zoning	Gregory M. Hembree	703-255-6341
Chief of Police	Col. Robert A. Carlisle	703-255-6390
Director of Public Works	Holly M. Chu	703-255-6380

Send news to *Vienna Newsletter* c/o Town Hall.  
FAX 703-255-5722      e-mail [pio@viennava.gov](mailto:pio@viennava.gov)  
Deadline for March issue is February 15.

## Town Election Filing Deadline

Tuesday, March 3, is the filing deadline for candidates in the May 5 Town election. This year, voters will elect three Town Council members for two-year terms beginning July 1.

Candidates must be qualified to vote for and hold the office sought, a resident of the Commonwealth of Virginia for one year immediately preceding the election, and a resident, by the time of filing, of the Town of Vienna.

Candidates for office are required to file specific documents in order to appear on the ballot. The information packet for candidates is available at the State Board of Election's Web site, [www.sbe.virginia.gov](http://www.sbe.virginia.gov), or call toll-free 1-800-552-9745 and ask for the Election Services Division.

## Digital Television Transition Feb. 17

Unless Congress consents to a last-minute postponement, February 17 is the last day major broadcast stations will transmit analog television signals.

Why the switch? Digital TV signals provide clearer and sharper pictures, TV stations can provide multiple channels, and all TVs can display closed captioning and program description information.

If any TV in your house receives signals over the air using rabbit ears or a rooftop antenna and it doesn't have a built-in digital tuner – maybe an older TV in the kitchen or spare bedroom that is not connected to cable or satellite – you will need a digital-to-analog converter box. Boxes labeled with the "Energy Star" logo meet energy-efficiency guidelines.

If you are replacing your old set, you can dispose of it through the Town's Special Pickup program or donate it to a local charity.

For more information on the switch to Digital TV, contact the Fairfax County Department of Cable Communications and Consumer Protection at 703-324-5900 or [www.fairfaxcounty.gov/cable](http://www.fairfaxcounty.gov/cable).

February		Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Special Pickup program resumes Call 703-255-5727	2 Town Council	3 Windover Heights Board of Review 7:30 p.m.	4	5 Police Chief's Advisory Committee 7 p.m.	6 Donation requests/citizen input due for FY 2010 budget	7
		8 All meetings are held at Vienna Town Hall at 8 p.m. unless noted otherwise	9 Town Council work session	10	11	12 Town/Business Liaison Committee 7 p.m.	13	14 Valentine's Day
		15 Trash pickup first collection day, curbside recycling second collection day each week	16 Washington's Birthday Town Hall closed	17	18 Planning Commission	19 Board of Architectural Review	20	21
		22	23 Town Council	24 Transportation Safety Commission	25 Board of Zoning Appeals	26 Community Enhancement Commission 7:30 p.m.	27 Last day to order mulch in 2009	28

2009

## Winter Storms Still Possible

Residents who are physically able are requested to shovel snow from sidewalks next to their property and to clear ice and snow from fire hydrants near their homes. In case of an emergency, firefighters will be able to respond much quicker if the hydrants are accessible.

Vienna area teens are available to shovel snow and help with other odd jobs. The teen and the person needing the work decide on the amount to be paid for the service. Teens can sign up at the Community Center, and residents can call 703-255-6360 to be matched with a young worker.

Town businesses that hire snowplows to clear their parking lots should make sure that snow is not piled onto adjoining sidewalks or pushed into the street. Also, it is illegal to block handicapped parking spaces with snow.

If you feel that any businesses or citizens have done an excellent job in removing snow from their driveways and/or sidewalks, or helped others in removing snow, please nominate them for the Town/Business Liaison Committee's snow removal award. To make a nomination and for more information, e-mail [tbtc@viennava.gov](mailto:tbtc@viennava.gov) or call the Planning and Zoning Department at 703-255-6341.

## Beware of Danger In the Cold

Cold weather itself, without any physical exertion, puts an extra strain on the heart. If you add to this the strain of heavy physical activity such as shoveling snow, pushing an automobile, or even walking too fast or too far, you put yourself at risk. Wear a hat. Protect your face and cover your mouth to protect your lungs from very cold air. Wear mittens instead of gloves; they will keep your hands much warmer.



Please keep water meters accessible to meter readers. In winter weather, meter enclosures should be cleared of ice and snow. When the meter cannot be read due to obstructions, an estimated bill will be rendered. If the customer desires an actual reading for billing purposes, a \$15 surcharge will be made for a second visit by the meter reader.

## Don't Take Firewood Outside No. Va.

Fairfax County residents are warned not take any firewood outside the Northern Virginia area or they may face state and federal fines. State and federal quarantines for the emerald ash borer ban the transport of firewood to prevent the spread of this insect.

Firewood may be transported within the state quarantine area of Fairfax, Arlington, Fauquier, Loudoun, and Prince William counties and the cities of Alexandria, Fairfax City, Falls Church, Manassas, and Manassas Park. However, firewood may not be transported from these areas to any other part of the state. The federal quarantine bans the movement of firewood across state lines.

Violating the state quarantine carries a maximum fine of \$2,500 and a year in jail. Violating the federal quarantine could result in a fine up to \$250,000.

The emerald ash borer, a serious threat to ash trees, was discovered in Fairfax County last summer, when the quarantines were imposed. These insects have killed more than 25 million ash trees in the U.S. The borers are native to China, Korea, and Japan, and first arrived in this country from Asia in the 1990s.

For more information about the emerald ash borer, contact the Fairfax County Forest Pest Branch, at 703-324-5304.

## Volunteer to Help Fairfax Seniors

Volunteer Solutions, operated by the Fairfax Area Agency on Aging, includes many opportunities for service to older adults in the Fairfax County, including:

◆ Grocery shopping – This service involves either going to the grocery store for an older adult or taking the person to the grocery store.

◆ Transportation – Volunteers provide an essential service to older adults by driving them to and from medical appointments or to other destinations such as the pharmacy, bank, or library.

◆ Household services – Volunteers help with household tasks such as taking down curtains, unpacking boxes, changing light bulbs, small painting jobs, straightening cupboards or closets, organizing paperwork, sorting and reading mail, or writing letters.

◆ Seasonal yard work – Volunteers may rake leaves, shovel snow, trim bushes, clean out flower beds, or plant flowers.

◆ Social phone calls and visits – Volunteers give weekly telephone calls or home visits to socially isolated older adults who enjoy one-on-one conversation. A one-year commitment is strongly encouraged.

◆ Meals on Wheels – Volunteers transport meals to homebound older adults Monday through Friday between 11 a.m. and 1 p.m.

For more information, call Volunteer Solutions at 703-324-5406 or visit [www.fairfaxcounty.gov/aaa](http://www.fairfaxcounty.gov/aaa).

## Dumpsters Aren't for Dumping!

Town businesses are often the victims of illegal dumping in their commercial dumpsters. Many business owners arrive at work to find their dumpsters overflowing with scrap lumber, old mattresses, and other debris, which they must pay to have hauled away.

The police and businesses are working together to catch and prosecute illegal dumpers, and citizens are asked to report any suspicious activity they see around commercial dumpsters, especially at night and on weekends. Call the Police Department's non-emergency number, 703-255-6366.

## Special Pickups Resume ... continued from front page

Special Pickups are for the sole use of the property where the trash has been generated and cannot be transferred to another property in the town. All items must be placed at the curb or edge of pavement in front of your property. Discards should not be placed so that they block the sidewalk or street, or under power lines or trees, or close to shrubs, walls, or vehicles. Place all piles in an open area accessible to a crane truck.

### Please Review These Guidelines Before Calling for Your Special Pickup

The amount and type of debris are limited to the following:

1. Discarded furniture (except plastic), swing sets, and play ground equipment (except plastic).
2. Sod and brush. Brush must be separated from other Special Pickup materials.
3. 300 pounds of scrap metal, small automobile parts such as engine blocks, transmissions, and tires. All tires must be removed from the rim.
4. Trees and limbs of a diameter greater than 1½ inches and less than 6 inches, and no more than 8 feet in length.
5. Building materials (not generated by contractor), which includes the following items: wood, broken concrete, bricks or block, fences, drywall, and paneling. Each residence is limited to 300 pounds (approximately two wheelbarrow loads) of masonry items such as concrete, brick, block, stone, rock, etc. per pickup.

All sharp items such as box cutters, razors, saw blades, and large panes of glass should be wrapped in several layers of newspaper. In the interest of safety, parents should caution their children not to play in or around debris placed at the curb for a Special Pickup.

The Public Works Department will not pick up the following items:

1. Gas tanks
2. Fuel oil tanks
3. Any motor powered by gas or diesel fuel
4. Pressurized tanks such as propane, air, or Freon
5. Mounted tires (Town crews will pick up the tire and the rim as long as they are separated.)
6. Tree stumps and tree parts over 6 inches in diameter. Large tree stumps or tree parts over 6 inches can be disposed of at the Fairfax County Transfer Station located on West Ox Road or at the Fairfax County Landfill located in Lorton.
7. Paint cans. Hazardous materials such as fuel tanks, paints, solvents, insecticides, fluorescent light tubes, etc. can be disposed of through the Fairfax County Hazardous Waste Disposal Program. The drop-off center for hazardous waste is the I-66 Citizens' Recycling and Disposal Facility at 4618 West Ox Rd. (just beyond the Fire and Rescue training academy). Call 703-324-5068 for more information.
8. Biohazardous waste, including needles and syringes
9. Contractor-generated material
10. Brush and trash that are mixed
11. Dirt
12. White Goods, including stoves, dishwashers, refrigerators, window air conditioners, whole house air conditioners, microwave ovens, hot water heaters, garbage disposals, washing machines, dryers, cook-tops, dehumidifiers, and furnaces.

**PLASTIC ITEMS AND CARDBOARD ARE RECYCLABLE AND SHOULD NOT BE INCLUDED IN A SPECIAL PICKUP. PLEASE PLACE RECYCLABLES OUT ON YOUR RECYCLING DAY.**

## No White Goods in Special Pickups

White goods are not collected as part of the Special Pickup program. White goods include stoves, dishwashers, refrigerators, window air conditioners, whole house air conditioners, microwave ovens, large toaster ovens, hot water heaters, garbage disposals, washing machines, dryers, cook-tops, dehumidifiers, and furnaces.

Many appliance dealers will remove an old unit when a new one is delivered. Also, residents may take white goods to the Fairfax County I-66 Transfer Station, 4618 West Ox Rd., phone 703-631-1179, or the I-95 Landfill Complex, 9850 Furnace Rd. in Lorton, phone 703-690-1703. For information online, visit [www.fairfaxcounty.gov/living/recycling](http://www.fairfaxcounty.gov/living/recycling).

## Donations to CHO Help the Needy in the Vienna Area

Instead of using a Special Pickup to dispose of unwanted furniture and other household items, consider donating them to the Committee for Helping Others (CHO). You'll help a neighbor in need and you'll get a receipt for tax purposes.

CHO picks up donated furniture, appliances, and other household articles that are in usable condition, stores them in a space made available by the Town of Vienna, and redistributes the items to those in need. Volunteers drive several thousand miles each year in this service. CHO's warehouse stocks everything from beds and washing machines to knives and forks. To arrange for a pickup of your donation, call CHO at 703-281-7614.

Since 1969, CHO has been helping needy families and individuals in the Vienna area obtain food, shelter, clothing, fuel, transportation, furniture, financial aid, and other necessities. CHO does not attempt to replace public and private social service agencies, but directs its efforts toward bridging the gap that occurs between the time a need arises and the receipt of assistance from those agencies. To learn more about CHO, visit [www.cho-va.com](http://www.cho-va.com).

## FY 2010 Budget Process Underway

Preparation of Vienna's budget for fiscal year 2009-2010 has begun. Citizens who have suggestions about what items should be given priority for funding are encouraged to express their views in writing to Town Manager John H. Schoeberlein by Friday, February 6. Citizens will have an opportunity to comment on the proposed budget at a public hearing during the May 11 Town Council meeting.

February 6 is also the deadline for non-profit Vienna organizations to apply for donations of Town funds in FY 2010. For information on how to apply, call the Town Manager's Office at 703-255-6370.

### FY 2009-2010 BUDGET CALENDAR

Monday, April 6	Distribution of proposed budget to public
Monday, April 13	Budget work session, 7:30 p.m.
Saturday, April 18	Budget work session, 11 a.m.
Tuesday, April 21	Budget work session, 7:30 p.m.
Monday, May 11	Public hearing on proposed budget, 8 p.m.
Tuesday, May 19	Budget work session, 7:30 p.m.
Monday, June 1	Public hearing on proposed tax rate, 8 p.m.
Monday, June 15	Budget adoption & appropriation of funds

## Annual Financial Report Available

The Town of Vienna's Comprehensive Annual Financial Report for fiscal year 2007-2008 is now available. Copies may be reviewed in the Finance Department at Town Hall or purchased for \$5 each.

The report summarizes the Town's financial position and the results of operations of the various funds and account groups. It also includes the auditor's report for FY 2008, information on internal controls for managing and safeguarding funds, and selected financial and demographic information covering the last 10 fiscal years.

## Welcome New Businesses

The following business licenses were issued in December:

The Sundry  
art studio & coffee shop  
316 Dominion Rd., N.E.  
703-698-0088

Care Trans  
medical transportation  
320 Center St., N.  
703-281-1228

Vienna Nails & Spa  
nail care  
108 Lawyers Rd., N.W.  
703-242-7404

Meredith Gelman  
social worker  
243 Church St., N.W. #300A  
703-463-7916

### SHOP IN VIENNA

Support Our Hometown Merchants

Congratulations to the following businesses celebrating milestone anniversaries in February: 20 years – N.R. Emad, DDS; 10 years – Mediclean Services, The Dress Code, The Write Place, Woodys Tax and Bookkeeping Service.

## Last Chance to Order Mulch

February 27 is the last day to order a free delivery of ground leaf mulch or ground wood mulch from the Public Works Department. To place your order, call 703-255-6388 and leave your name, address, daytime phone number, type of mulch desired (wood or leaf), and the number of loads to be delivered. One load is estimated to be 2-2.5 cubic yards (about the size of a VW Beetle). Half loads are also available.

Please note the following important conditions:

- All mulch deliveries are based on availability of mulch.
- Mulch deliveries will be placed only in the driveway at the end closest to the house.
- Once mulch is delivered, it becomes the property of the homeowner and the Town will not remove any excess mulch ordered.

Residents may pick up mulch themselves in any amount between the hours of 9:30 a.m. and 3:30 p.m. Monday through Friday (except holidays) through March 30. The mulch is stored on Town-owned property off Beulah Road near Glyndon Park. Look for the sign, "Free Leaf Mulch & Wood Mulch."

For more information, call the Public Works Department at 703-255-6382.

By grinding leaves and brush into recyclable mulch, the Town saves thousands of dollars in landfill fees each year while providing residents with free mulch.

## Mulch Helps Your Yard Withstand Drought

Your Community Enhancement Commission reminds you: You can aid your plants and improve your yard appeal with proper mulching. Mulch helps minimize weeds, conserve moisture, moderate soil temperature, and give added dimension to your yard.

Clear all the weeds and grass from the area you intend to cover. Spread the cleared area with two to four inches of mulch, away from the trunk or stems of the plant. Make a neat outer edge by leaving a small gap between the mulch and the surrounding lawn.

information on these and other library programs, visit the library or call 703-938-0405.

The Women's Center, 127 Park St., N.E., offers counseling and educational services addressing psychological, career, financial, and legal needs to women and families based on their ability to pay. Programs for February include Investing 101, Getting Back into the Workforce During Difficult Economic Times, Clutter Is Spiritual Business, On the Importance of Girlfriends, and more. For program fees and to register, go to [www.thewomenscenter.org](http://www.thewomenscenter.org) or call 703-281-2657.

A staged reading of Archibald MacLeish's Pulitzer prize-winning play, *JB: A Play in Verse*, will be performed at the Unitarian Universalist Congregation of Fairfax (UUCF), 2709 Hunter Mill Rd. in Oakton, at 4 p.m. Sunday, February 8. The play translates the Book of Job into the modern day story of JB, a banker and a family man, and the disasters that befall him – the loss of his five children, his home and wealth, and his health. What does a person do in the face of adversity? A discussion will follow the performance, which is free and open to the public. For more information, contact the UUCF office at 703-281-4230 or see "Special Events" at [www.uucf.org](http://www.uucf.org).

Marriage Enrichment Class, led by Pastor Bass Mitchell, will be held each Thursday, March 4-March 28, at 7 p.m. at Epiphany United Methodist Church, 1014 Country Club Dr., N.E. Child care will be provided for children of all ages, and tutoring will also be available for children who wish to do their homework. A donation is requested to cover the cost of materials and childcare but not required. To register and for more information, contact the church office at 703 938-3494 or [office@epiphanyumc.com](mailto:office@epiphanyumc.com), or visit [epiphanyumc.com](http://epiphanyumc.com). Registration deadline February 25.

Northern Virginia Senior Softball seeks men 50+ and women 40+ to play slow-pitch softball games on Fairfax County fields Tuesday and Thursday mornings, April 15-August 7. Players are assigned to a team at the skill level they meet by skill assessment, not a tryout. An indoor conditioning program begins February 17. For more information, call Dave, 703-524-5576, or Ted, 703-913-0028.



## Register Now for ViVa! Vienna!

Registration is open for booth space at ViVa! Vienna!, the annual town festival on historic Church Street. This year's festival will be held Memorial Day weekend, May

23-25. Showcase your handcrafts, retail business product, professional service, political party and candidates, or community organization.

Booths will be set up on Sunday and Monday. The cost for a 10x10-foot space is \$200 (price increases to \$250 March 1). Booth space is limited. Register online and review the vendor guidelines at [www.vivavienna.org](http://www.vivavienna.org).

ViVa! Vienna! is the major fund-raising project for the Rotary Club of Vienna, and profits are distributed to charitable, community, and humanitarian organizations.

## CHO Says "Thanks Vienna!"

from Carolyn Mysel, chairman of CHO's Christmas distribution program held on December 13 at Vienna Presbyterian Church

"We knew more people would be needing help in our area for the holidays this year and we were right! CHO (Committee for Helping Others) was able to provide food cards, gift cards, and toys to 261 area families. That's a total of 914 people (459 of those were children). This year we were able to help everyone even though that meant stretching to help at least 300 more people than last year.

"The people in the Vienna area made this possible! We had 107 volunteers who helped set up and distribute gifts – we've never had such a great turnout and we needed every last person. Local businesses, churches, civic organizations, scouts, families, and individuals came forward and shared with those in need. Thank you.

"Please keep CHO in mind this year for food, clothing, and furniture donations. We can be reached at 703-281-7614."

## February Is American Heart Month

Cardiovascular diseases, including stroke, are the nation's number one killer. To urge Americans to join the battle against these diseases, since 1963 Congress has required the President to proclaim February "American Heart Month."

Some interesting heart facts:

- ♥ The human hearts beat roughly 35 million times a year.
- ♥ In an average lifetime, the heart pumps about one million barrels of blood.
- ♥ The heart circulates the body's blood supply about 1,000 times each day.
- ♥ The aorta, the largest artery in the body, is almost the diameter of a garden hose. Capillaries, on the other hand, are so small that it takes ten of them to equal the thickness of a human hair.

It is estimated that about one in three U.S. adults has high blood pressure, but because there are no symptoms, nearly one-third of these people don't know they have it. Uncontrolled high blood pressure can lead to stroke, heart attack, heart failure, or kidney failure. This is why high blood pressure is often called the "silent killer." The only way to tell if you have high blood pressure is to have your blood pressure checked.

DID YOU KNOW? Free blood pressure checks are available at the Vienna Community Center the second Wednesday of each month from 10:45 to 11:30 a.m. No appointment is required.

## HAPPENINGS AROUND OUR TOWN

**U.S. Army Band "Pershing's Own" Chorus** will perform at 7:30 p.m. Friday, February 6, at Vienna Presbyterian Church, 124 Park St., N.E. Prior to the concert at 5:30 p.m., Historic Vienna Inc.'s ongoing WWII exhibit will be open to the public at the Freeman House, 131 Church St., N.E. Light refreshments will be served. Both events are free of charge. For more information, call 703-938-5187. In case of inclement weather, go to the church Web site for updates, [www.vienna-pres.org](http://www.vienna-pres.org). "Vienna Remembers World War II" continues at the Freeman House through this year. Regular hours are Wednesday-Saturday from noon to 4 p.m. and Sundays from 1 to 5 p.m.

**Valentine's day dinner dance and silent auction** to benefit the American Legion Auxiliary Emergency Fund will be held on Saturday, February 14, from 6 to 11 p.m. at Post 180. The cost of \$35 per person includes a filet tenderloin dinner with appetizers, salad, and dessert. Tickets are advance sales only. For tickets or to donate an item to be used for the silent auction, contact Janet Renner at 703-625-5736 or [rennerj7396@verizon.net](mailto:rennerj7396@verizon.net). The emergency fund provides aid during economic or weather related crises. Donations to the emergency fund may be made payable to "ALA Unit 180" earmarked "Aux. Emergency Fund" and mailed to 330 Center Street, N., Vienna, VA 22180.

**Northern Virginia Model Railroaders** will host an open house at the Vienna Railroad Station, corner of Dominion Road and Ayr Hill Avenue, N.E., on Saturday, February 14, from 1 to 5 p.m. Admission is free; donations accepted. See an operating HO scale model railroad. For information, call 703-938-5157 or visit [www.nvmr.org](http://www.nvmr.org).

**Antiques appraisal** will be held at the Freeman House, 131 Church St., N.E., on Saturday, March 28, from noon to 4 p.m. To schedule an appraisal, call 703-938-5187 beginning at noon on February 28. Due to the popularity of this event, appointments are limited to two items per person. The cost is \$7.50 per item for Historic Vienna Inc. members and \$10 for non-members.

**Electric Sunday at the I-66 Transfer Station** will be held on February 8 from 10 a.m. to 3 p.m. The Transfer Station is located at 4618 West Ox Rd. in Fairfax. There is no cost to Fairfax County residents for this service. The event is limited to the collection of televisions, computers and keyboards, speakers, printers, external drives, and similar materials. Items do not need to be in working order. Do not bring small or large kitchen appliances, CDs, DVDs, video cassettes, or stereo equipment. For information, call the Fairfax County Solid Waste Management Office at 703-324-5230.

**Vietnam Veterans of America**, Chapter 227, will meet at 7:30 p.m. Thursday, February 19, at Neighbor's Restaurant in the Cedar Lane Shopping Center. Ronald Spector, a Vietnam veteran, author, and history professor at George Washington University, will discuss Japanese, French, Chinese, and U.S. political and military actions in Vietnam during 1945 that set the stage for America's later involvement. For more information, call Len Ignatowski at 703-255-0353 or visit [www.vva227.org](http://www.vva227.org).

**Calling all Croppers!** Register now for "Crop for the Cure," a day of scrapbooking at the Vienna Volunteer Fire Department, 400 Center St., S., on Saturday, March 21, from 9 a.m. to 4 p.m. The cost of \$40 includes new products and ideas, instruction, raffles, lunch, and a massage therapist for those who crop too long. Proceeds will benefit the local Avon Walk for Breast Cancer in May. To register and for more information, e-mail Nanci Myers at [MN9593@yahoo.com](mailto:MN9593@yahoo.com) or call 703-625-5649.

**Vienna Arts Society (VAS)** is partnering with "Freedom for Creation," a charity providing support to children and their families in Uganda. During the month of February, VAS will exhibit art work by Ugandan children, host receptions, and hold a workshop for Vienna area children to create art for children in Uganda. VAS is also collecting cash and art supplies to send overseas. For information, visit [www.viennaartssociety.org](http://www.viennaartssociety.org) or call the Vienna Art Center at 703-319-3711.

**Vienna Toastmasters** will meet at the Vienna Community Center the second and fourth Wednesdays in February at 7:30 p.m. Are you afraid to get up and speak in front of others? You are not alone, but Toastmasters can help you overcome your fears in a fun and friendly atmosphere. For more information, call Dan at 703-847-9541 or visit <http://vienna.tmc.freetoasthost.ws>.

**Pre-Schoolers Plus**, a new group being formed by Mothers First-McLean/Vienna, will be meet at 7:30 p.m. Wednesday, February 11, at the Oakton Library. Mothers First is a support group for women who have chosen to alter their careers to raise their children at home. For more information, call 703-827-5922 or go to [www.mothersfirst.org](http://www.mothersfirst.org).

**Vienna' original "Little Library,"** the oldest building of its kind in Fairfax County, is open the first Sunday of each month from 1 to 4 p.m. The library is located on the grounds of the Freeman House, 131 Church St., N.E. For information, call 703-938-5187 or visit [www.historicviennainc.org](http://www.historicviennainc.org).

**All-you-can-eat breakfast buffet** at American Legion Post 180, 330 Center St., N., includes omelets, scrambled eggs, potatoes, sausage, bacon, sausage gravy, fruit, coffee, juice, toast, and biscuits. The buffet will be open on Sunday, February 15, from 8 a.m. to noon. The cost is \$7 for adults and \$3 for children under 12. The buffet is hosted by Auxiliary Unit 180. For information, call Janet Renner at 703-625-5736.

**"Picturing America,"** the first of a three-part series on the history of art and artists in the U.S., will be held at 1 p.m. Tuesday, February 10, at Patrick Henry Library. Artist Nancy Palmer will lead the discussion, using reproductions of masterpieces provided by the National Endowment for the Humanities. Also this month at the library: Around the World in Film goes to Czechoslovakia on February 4 at 7 p.m., Wii for Adults is on February 17 at 11 a.m., and Great Decisions Seminar - The U.S. and Rising Powers, will be at 2 p.m. February 24. To register and for more

## Community Volunteers to Be Honored

MAYOR JANE SEEMAN INVITES YOU TO NOMINATE AN OUTSTANDING VOLUNTEER IN RECOGNITION OF HIS/HER SERVICE TO THE TOWN OF VIENNA. MAYOR SEEMAN PLANS TO HONOR THESE VOLUNTEERS AT THE MAYOR'S ADVISORY COMMITTEE MEETING ON TUESDAY, APRIL 14. PLEASE FILL OUT AND RETURN THIS FORM TO MAYOR SEEMAN AT THE ADDRESS SHOWN BELOW. NOMINATIONS MUST BE SUBMITTED BEFORE MARCH 1.

### NOMINATION FORM FOR OUTSTANDING VOLUNTEERS

NAME OF NOMINEE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_  
\_\_\_\_\_

TELEPHONE NUMBER: \_\_\_\_\_

PLEASE DESCRIBE THE NATURE OF THE VOLUNTEER WORK PERFORMED BY THE NOMINEE ON BEHALF OF THE TOWN OF VIENNA AND WHY YOU FEEL HE/SHE DESERVES SPECIAL RECOGNITION:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

NAME OF NOMINATING PERSON OR ORGANIZATION:

\_\_\_\_\_

ADDRESS: \_\_\_\_\_  
\_\_\_\_\_

TELEPHONE NUMBER: \_\_\_\_\_

PLEASE RETURN THIS FORM BEFORE MARCH 1, 2009, TO:  
MAYOR JANE SEEMAN  
CHARLES A. ROBINSON, JR., TOWN HALL  
127 CENTER STREET, SOUTH  
VIENNA, VIRGINIA 22180

# NEWS FROM VIENNA PARKS & REC

For more information about any of the activities listed below, call the Vienna Parks and Recreation Department at 703-255-6360 or visit [www.viennava.gov](http://www.viennava.gov). All activities are held at the Vienna Community Center unless stated otherwise.

## SPECIAL EVENTS

**Final performances** of the Vienna Theatre Company's production of "An Empty Plate in Café du Grande Boeuf" will be February 1 at 1 p.m. and February 6 and 7 at 8 p.m. Tickets are \$10 general admission and \$9 for students and senior citizens (65 and older).

**Annapolis Bluegrass** will perform in concert at 2 p.m. Sunday, February 8. Free admission.

**Antiques show and sale** February 27, 28 and 29. Hours are 11 a.m.-7 p.m. Friday, 11 a.m.-6 p.m. Saturday, and noon-5 p.m. Sunday. Dealers will show and sell a variety of furniture and collectibles. Admission is \$4.50 per person.

**Family Skate Night** will be held each Friday through March 27 from 6:30 to 8 p.m. (no skating February 27). Admission is \$1 per skater. Bring your own roller skates or in-line skates and safety equipment. Parents are required to stay with their children and are welcome to participate.

## BUS TRIPS

**Atlantic City Overnighter** March 12 and 13. A charter bus will leave the Community Center at 10 a.m. Thursday and return around 7:30 p.m. Friday. The cost for town residents of \$172 per person single occupancy, \$130 double occupancy, and \$121 triple occupancy includes transportation, casino package, food coupon, and overnight accommodations at the Hilton Resort and Casino. Reservation deadline February 12.

**Philadelphia Flower Show** Wednesday, March 4. This year's theme is "Bella Italia," celebrating the landscapes, gardens, and culture of Italy. A charter bus will leave the Community Center at 8 a.m. and return around 7 p.m. The cost of \$68 for town residents includes transportation and admission to the show with all-day re-entry privileges. Lunch is on your own in the Convention Center food court.

## SPORTS & HEALTH

**2009 men's softball league** registration deadline is Friday, February 27. Games will be played on weeknights beginning April 13 at Southside Park. The fee is \$500 per team, and registrations are accepted on a first-come, first-served basis. For a league information package, contact Enrique Guzman at 703-255-6352 or [eguzman@viennava.gov](mailto:eguzman@viennava.gov).

**Spring Coed Softball League** games will be played at Southside Park on Sunday mornings beginning April 19. The team fee of \$450 includes 10 regular season double-headers, umpires, softballs, post-season play, and awards. For a league information package, contact Enrique Guzman at 703-255-6352 or [eguzman@viennava.gov](mailto:eguzman@viennava.gov).

**Mindfulness-Based Stress Reduction (MBSR)** will be offered this spring. MBSR is a deep relaxation experience aimed at improving health, self-esteem, and enjoyment of life. A preview of the MBSR program will be held on Friday, February 20, from 6:30 to 7:30 p.m. There is no fee, but registration is required. For details about class materials and home practice, call program coordinator Cheryl Harlan at 703-255-7801.

**Mini Wellness Retreat** will be held on Sunday, February 1, from 11 a.m. to 3 p.m. The retreat will include musical chi gong, yoga for energy, breathing exercises, body awareness, eating awareness, nutritional snack, deep relaxation, poetry and art creation, and take-home routines. The fee is \$55 for town residents.

## AT THE TEEN CENTER

**Write your own fairy tale** at 4 p.m. Friday, February 6. Admission is free. Do you have a great idea for a new twist on "Jack and the Beanstalk" or maybe an original idea for a new fairy tale? Have fun and be creative!

**Celebrate Valentine's Day** at 4 p.m. Friday, February 13. Free of charge. Enjoy

a DJ spinning tunes and lots of sweet treats, and sign the Valentine card for seniors in a local nursing home.

**Mardi Gras party** Friday, February 27, from 5 to 7 p.m. Free of charge. Enjoy food and games, and receive Mardi Gras beads in exchange for bringing canned goods for local families in need.

## MANAGING YOUR MONEY & YOUR ESTATE

**Estate Planning Made Simple** will be presented on Monday, February 9, from 10 to 11:30 a.m. Attorney David Hoffman will explain the basics of estate planning, including preparing probate papers, filing tax returns, prudent investing, taking a commission, fiduciary accounting, and more. Free of charge; no registration required.

## POTPOURRI

**Women's self-defense class**, commonly known as R.A.D. (Rape Aggression Defense), will be offered by the Vienna Police Department February 2, 4, 9 and 11 from 7 to 10 p.m. The program is designed for the average woman with no previous experience or background in physical skills training. The registration fee for all four sessions is \$5 for town residents, plus a \$15 materials fee. For registration information, call Vienna Parks and Recreation or visit [www.viennava.gov/town\\_departments/RAD/index.html](http://www.viennava.gov/town_departments/RAD/index.html).

**Photography contest** applications will be available beginning February 1. The show is scheduled for March 21 and 22 and is open to amateur photographers. The entry fee is \$10 per person with a limit of four photos and a maximum of two in any one of eight categories, including animals, architecture, digital, nature, pictorial, photojournalism, portraiture, and scenic. There is a separate contest section for middle school and high school students. Local professional photographers will judge the entries and award ribbons to the winners.

## Vienna Police Bicycle Officer Wins National Competition

Vienna Police Officer Melissa Borja finished first in her class for women and well ahead of over half the men participating in the 2008 International Police Mountain Bike Association (IPMBA) competition.

The competition consisted of riding down a flight of stairs, up another set of stairs, making a tight left turn, a U-turn through a cone course, and then a sprint into a tight S-turn. From there riders had to serpentine through another cone course, hop up onto a platform, negotiate a third very tight cone course, ride over three railroad ties, and perform another sprint to the finish. Seventy-five riders participated in the event.

The competition was the highlight of the annual IPMBA conference held recently in Indianapolis, where officers from around the nation gathered to learn about new policing strategies and techniques, and to share ideas about policing on a bicycle.

Borja serves as the lead officer for the Vienna Police Bicycle Unit. She ensures that the bicycles are adequately maintained and also instructs new riders from area police departments during a rigorous two-week training course.

## 211 Connects Northern Virginians to the Help They Need

Many Northern Virginians have felt the impacts of the economic downturn, the credit crisis, home foreclosures, and layoffs. Faced with those disasters, more people than ever are seeking information about health and human services assistance but don't know where to find it. Now there is one convenient number to call: 211. The call is free and confidential. Information can also be accessed via the Internet at [www.211virginia.org](http://www.211virginia.org). (or [www.211metrodc.org](http://www.211metrodc.org) for the entire metropolitan Washington, DC, area).

Like 911 for emergencies, 211 is the Federal Communications Commission's designated national three-digit telephone number for information about health and human services. 211 VIRGINIA operates throughout Northern Virginia and all other parts of the state 24 hours a day, 7 days a week. CrisisLink, a nonprofit agency operating "hot lines" for the region since 1969, provides 211 service for Northern Virginia.

CrisisLink's 211 program maintains a comprehensive database of over 4,400 programs and services, and provides referrals to vital health, human, and social services. Northern Virginia local governments, including Fairfax County, continue to provide their own ten-digit numbers for information and referral so residents can still use these local numbers, which may be familiar to them, or just dial the easy-to-remember 211 number.

The 211 database used by CrisisLink to help callers locate the services they need was developed by the Northern Virginia Regional Commission based on its *Quick Guide* to human services publication. Callers to 211 may request referrals to services for abuse and neglect, HIV/AIDS, disabilities, domestic violence, health care, housing, mental health, senior citizens, and shelters, among others.

For more information about CrisisLink and 211, visit [www.crisislink.org](http://www.crisislink.org) or call CrisisLink Executive Director Carol Loftur-Thun at 703-527-6603.

## Home Heating Assistance Program

The Crisis Assistance program helps households in emergency situations by providing primary heat security deposits and funding the repair or replacement of heating equipment. The application period closes March 16; to apply, call the Fairfax County Department of Family Services at 703-324-7604. Applications are also available online from the Virginia Department of Social Services at [www.dss.virginia.gov](http://www.dss.virginia.gov).

## TaxAide Program at SunTrust Bank

The AARP TaxAide program is the nation's largest free, volunteer-run tax preparation service, available to low- and middle-income taxpayers with special attention to those age 60 and older. AARP TaxAide is administered by the AARP Foundation in cooperation with the IRS. All tax preparation volunteers receive training in tax law and must pass an IRS certification examination. Last year, over 4,500 individuals and families benefited from this service.

From February 2 through April 15, TaxAide volunteers will be at SunTrust Bank, 515 Maple Ave., E., Monday through Friday from 10 a.m. to 2 p.m. No appointment is required. **You do not have to be retired or a member of AARP to benefit from this free program.**

This year, all tax returns will be filed electronically. All taxpayers MUST bring a government-issued picture ID and Social Security cards for all persons included on the tax return. For more information, call 1-888-227-7669 or visit [www.aarp.taxaide](http://www.aarp.taxaide).

The AARP TaxAide program also provides online tax counseling as a public service. AARP TaxAide volunteers are trained to understand individual federal tax issues, especially the provisions of the tax code that affect older people. Please limit your questions to federal taxes only. AARP TaxAide volunteers will review your questions, and you will receive an answer by e-mail within three to five business days. Visit [www.aarp.org/money/taxaide/taxcounseling/ask\\_tax\\_question.html](http://www.aarp.org/money/taxaide/taxcounseling/ask_tax_question.html).

## Recycle Motor Oil, Antifreeze, Batteries

The next quarterly recycling day for used motor oil, antifreeze, and car batteries is Saturday, March 7, from 8 a.m. to 2 p.m. at Northside Property Yard, 600 Mill St., N.E. (entrance at the dead end of the street). This service of the Public Works Department provides citizens a convenient and environmentally responsible way to dispose of vehicle waste products. For more information, call 703-255-6381.

**HELP SAVE THE CHESAPEAKE BAY. NEVER DUMP OIL OR ANY OTHER MATERIAL INTO A STORM DRAIN.**